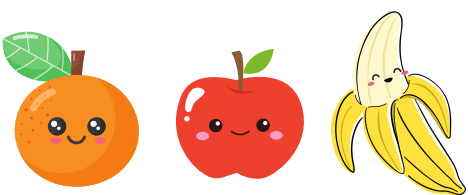
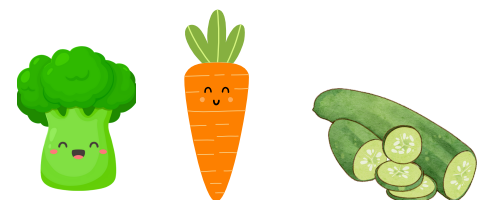




FRUITS

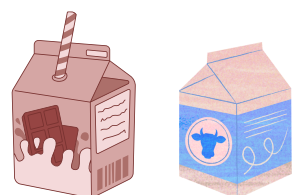


VEGGIES



Milk Choices:

Nonfat Chocolate Milk or
1% White Milk or Fat Free
White



SEPTEMBER Menu



DAILY ENTREE MAY INCLUDE:

Monday Breakfast



Breakfast Sandwich
Mini Pancakes
French Toast
Pastry Item

Lunch



Drumstick
Chicken Sandwich
Vegetarian Item of the day

Tuesday Breakfast



Breakfast Sandwich
Mini Pancakes
French Toast
Pastry Item

Lunch



Chicken Strips
Cheese Burger
Vegetarian Item of the day

Wednesday Breakfast

Breakfast Sandwich
Mini Pancakes
French Toast
Pastry Item

Lunch

Hot Dog
Spicy Chicken Sandwich
Vegetarian Item of the day

Thursday Breakfast



Breakfast Sandwich
Mini Pancakes
French Toast
Pastry Item

Lunch



Orange Chicken
Chicken Sandwich
Vegetarian Item of the day

Friday Breakfast



Breakfast Sandwich
Mini Pancakes
French Toast
Pastry Item

Lunch

Cheese Burger
Spicy Chicken Sandwich
Vegetarian Item of the day

DID YOU KNOW?

SEPTEMBER IS

NATIONAL WHOLE GRAIN MONTH

Eating whole grains may lower the risk of heart disease, type 2 diabetes, and obesity and may reduce blood cholesterol levels.

The nutrients in grains help give kids the energy they need to sustain their super active little bodies from sports, to playing, to working in school!

OFFERED DAILY

*ASSORTED
CEREALS*



*BREAKFAST ONLY

PIZZA



DELI

SANDWICHES



Meals meet USDA Regulations and all items are whole grain-rich

Students must select 3 of 5 offered food components, at least one being a fruit or vegetable.

Meals meet USDA Regulations and all items are whole grain-rich.

Menu subject to change based on availability. This institution is an equal opportunity provider.